

19th Edition



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SOHK NIGERIA
SPONSORS 15 STUDENTS
TO GOLF CLINIC AT IBB
GOLF AND COUNTRY CLUB

NEWSLETTER

On Tuesday, July 25 2023, IBB Golf and Country Club hosted the annual Children Golf Development Clinic. The School Of HardKnocks Nigeria seized this rare opportunity to introduce some Kids to the game of Golf by sponsoring 15 students from some Government Schools in Abuja.

The six days of training was both engaging and enriching to the kids and to all those present, even though to almost all of the students from School Of HardKnocks, it was their first experience with the game of Golf. Each day after the morning exercise, the children were grouped according to their ages. They were taught practically the basics of Golf, mastering the Grip, Stance, Drive, Pitch/Chip Shop, Putting, Swing etc.





The SOHK

9 Principles

of Golf

Honesty

The quality or state of being truthful; not deceptive Golf is unique from other sports in that players regularly call penalties on themselves and report their own score.

Integrity

Golf is a game of etiquette and composure. Players are responsible for their actions and personal conduct on the golf course even at times when others may not be looking.

Sportsmanship

Players must know and abide by the rules of golf and be able to conduct themselves in a kind and respectful manner towards others even in a competitive game.

Responsibility

Players are responsible for their actions on the golf course. It is up to them to keep score, repair divots, rake bunkers, repair ball marks on the green, and keep up with the pace of play.

Respect

Players feel or show deferential regard for; esteem In golf it is important to show respect for oneself, playing partners, fellow competitors, the golf course, and for the honor and traditions of the game.

Confidence

Players can increase confidence in their abilities by being positive and focusing on something they are doing well regardless of the outcome.

Courtesy

A round of golf should begin and end with a handshake between fellow competitors. Players also should be still and quiet while others are preparing and performing a shot.

Judgment

Using good judgment is very important in golf. It comes into play when deciding on strategy, club selection, when to play safe and when to take a chance, the type of shot players consider executing, as well as making healthy choices on and off the golf course.

Perseverance

To succeed in golf, players must continue through bad breaks and their own mistakes, while learning from past experiences.

Learn the Game of Golf with SOHK Nigeria

Glossary Of Golfing Terms

Ace - Hole in One

Golf slang for a hole in one. When your first shot finds the bottom of the cup!

Albatross:

This golfing term describes when you score 3 below par on a hole. You make a hole in one on a par 4 or a 2 on a par 5.

Backswing

Golfing term for the first half of your swing. Describes your swing from the start until you reach the top.

Chilly Dip:

Golf slang for a poor chip shot. Typically used when you hit behind the ball and it comes up way short of your target.

Dormie:

A golfing term used when playing match play. It means that one player is up by as many holes as are left.

Eagle:

Golfing term for when you score 2 under par on a hole. For example, you make a 3 on a par 5.

Bunker:

Synonym for a sand trap. You can have a waste bunker, fairway bunker, or greenside bunker.

Chunk:

Golf slang for when you hit behind the ball and take a large divot. Typically a poor shot that comes up short. You might say, "I chunked that one."

Flop Shot:

Golfing term for a chip shot that goes very high and lands softly on the green. Golf Hall of Famer Phil Mickelson is famous for his flop shots.

Green Fee:

Golfing term for what you pay to play a specific golf course. Different golf courses charge different rates (Green Fees).

Hosel Rocket:

Golf slang for when a player hits the ball with the hosel instead of the clubface (also known as a shank).

Knee-Knocker:

Golf slang for a short, but important putt. The golfer's "knees are knocking" because they're nervous about missing it.



At the end of each training day, the CEO of School of HardKnocks, Dr Jerry Akubo had a session with the student participants and instilled in them the need to cultivate virtues such as Integrity, Confidence, Perseverance and Sportmanship.

On the fourth day of the Golf Clinic, SOHK Nigeria student participants had the opportunity to tour the 18-holes course at the IBB International Golf and Country Club and met with Golf Professionals who were training for international tournaments.

During the course of the clinic, they were assessed both theoretically and practically. On the last day of the Clinic, there was a Prize giving ceremony in which the student participants brought much joy and recognition to the School Of Hardknocks as they bagged some medals and awards such as 'Third in chipping in the Boys Category', 'First in Chipping in the Girls Category', 'Second in Driving Range', 'First runner up for Girls Category', 'Overall best in written test', 'Second runner up in Boys Category' and lots more.

At the end of the event, Mrs Vanessa Phala, a South African working with a UN affiliation in Nigeria was so kind to donate some Golf Kits to SOHK Nigeria. No doubt, these Golf Kits will be instrumental in boosting the quality of training for the students.

This Clinic is in line with School Of Hardknocks' proposed ten (10) years Golf to School Program for 450 students from 15 Government Schools in FCT Abuja. The purpose is to engage as many children as possible in the game of Golf, identifying those with skills and developing them to become professional golfers.



NEWSLETTER
August 9, 2023



Donated by: **Mrs. Vanessa Phala**
Member of UN Affiliation in Nigeria